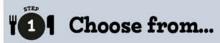
# WEEK 1





Meat or Fish option



Veggie option



Combo Option









Filo Chicken Kiev



Indian Vegetarian Shepherds Pie



TUESDAY

Beef Keema Curry



Stuffed Pepper with Vegetable Risotto



WEDNESDAY

Roast Pork



Roast Quorn



Sage and Onion Stuffing, Gravy

THURSDAY

**Beef Potato Pie** 



Vegetable Hot Pot



FRIDAY

Battered Fish



Oriental Veg and Quorn Pasta





then add

Roast Vegetables

Steamed Rice



Garden Peas

Naan Bread

Fresh Broccoli

Spring Green Mash

Provencal Potatoes

Cabbage

Baked Pototo Wedges

**Baked Beans** 



...and to finish

Choose from a tasty selection of Puddings

Bread and Salad will be available at Lunch Times

Honey Cake and Custard

Garlic Potatoes Sliced



Cheese & Biscuits Fresh Fruit & Yogurts Orange & Apricot Cake and Custard



Cheese & Biscuits Fresh Fruit & Yogurts Apple and Date Crumble and Custard



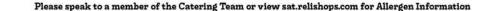
Cheese & Biscuits Fresh Fruit & Yogurts Plum and Cocoa Sponge and Custard



Cheese & Biscuits Fresh Fruit & Yogurts Lemon Courgette Cake and Custard



Cheese & Biscuits Fresh Fruit & Yogurts







Meat or Fish option



Veggie option



Combo Option









Chicken Tikka Pinwheel



Vegetable Chow Mein



TUESDAY

Caribbean Chicken Curry



Sweet Chill Vegetables



WEDNESDAY

Roast Gammon



Lentil Moussaka



THURSDAY

Beef Stew with Yorkshire Pudding



Vegetarian Casserole



FRIDAY

Salmon Fish Cake



Vegetable & Bean Burrito





**Baton Carrots** 

Garden Peas

Fresh Broccoli

**Baton Carrots** 

Cauliflower

Cabbage

**Baked Beans** 

then add

Parisienne Potatoes

Naan Bread

Steamed Rice

**Chive Crushed Potatoes** 

**Creamed Potatoes** 

Herby Dice

...and to finish

Choose from a tasty selection of Puddings

Bread and Salad will be available at Lunch Times Lemon Drizzle Cake and Custard



Cheese & Biscuits Fresh Fruit & Yogurts Iced Ginger Shortbread and Custard



Cheese & Biscuits Fresh Fruit & Yogurts Pineapple and Coconut Sponge and Custard



Cheese & Biscuits Fresh Fruit & Yogurts Mixed Berry and Apple Cobbler and Custard



Cheese & Biscuits Fresh Fruit & Yogurts Apple Turnover



Cheese & Biscuits Fresh Fruit & Yogurts





Meat or Fish option



Veggie option



Combo Option







## MONDAY

Chicken, Potato and Chorizo Tray Bake



Mushroom & Quorn Crumble



### TUESDAY

Pork Bacon & Mushroom



Sweet Potato & Chick Pea Dal Curry



WEDNESDAY

**Roast Beef** 



Mushroom Wellington



Gravy, Yorkshire Pudding

Beef & Pasta Bake



Vegan Burrito



FRIDAY

**Battered Fish** 



Roast Veggie Parcel





Leeks

Dauphinoise Potatoes

**Green Beans** 

Steamed Rice

Fresh Broccoli

Garden Peas

**Garlic Slice** 

**Baked Beans** 

Garden Peas

**Baked Pototo Wedges** 

then add

Ginger and Treacle Cake and Custard



Cheese & Biscuits Fresh Fruit & Yogurts

Naan Bread

**Iced Toffee Shortcake** 



Cheese & Biscuits Fresh Fruit & Yogurts Spiced Apple Cake and Custard

**Roast Potatoes** 



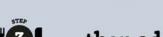
Cheese & Biscuits Fresh Fruit & Yogurts **Cherry and Coconut** Sponge and Custard



Cheese & Biscuits Fresh Fruit & Yogurts Rhubarb and Custard Cake and Custard



Cheese & Biscuits Fresh Fruit & Yogurts





Bread and Salad will be available at Lunch Times and Custard

