

WEEK 1

STEP 1 **Choose from...**

Meat or Fish option

or

Veggie option

or

Combo Option

Jacket Potato pasta Wrap

STEP 2 **to go with**

Vegetables / Salad

STEP 3 **then add**

STEP 4 **...and to finish**

Choose from a tasty selection of Puddings

Bread and Salad will be available at Lunch Times

MONDAY

Filo Chicken Kiev

or

Indian Vegetarian Shepherds Pie

or

Roast Vegetables

Garlic Potatoes Sliced

Honey Cake and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

TUESDAY

Beef Keema Curry

or

Stuffed Pepper with Vegetable Risotto

or

Garden Peas

Steamed Rice

or

Naan Bread

Orange & Apricot Cake and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

WEDNESDAY

Roast Pork

or

Roast Quorn

or

Sage and Onion Stuffing, Gravy

Fresh Broccoli

Spring Green Mash

Apple and Date Crumble and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

THURSDAY

Beef Potato Pie

or

Vegetable Hot Pot

or

Cabbage

Provençal Potatoes

Plum and Cocoa Sponge and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

FRIDAY

Battered Fish

or

Oriental Veg and Quorn Pasta

or

Baked Beans

Baked Pototo Wedges

Lemon Courgette Cake and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

WEEK 2

STEP 1 Choose from...

Meat or Fish option

or

Veggie option

or

Combo Option



STEP 2 to go with
Vegetables / Salad



STEP 3 then add



STEP 4 ...and to finish

Choose from a tasty selection of Puddings

Bread and Salad will be available at Lunch Times

MONDAY

Chicken Tikka Pinwheel

or

Vegetable Chow Mein

or

Baton Carrots

Parisiennne Potatoes

Lemon Drizzle Cake and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

TUESDAY

Caribbean Chicken Curry

or

Sweet Chill Vegetables

or

Garden Peas

Steamed Rice

or

Naan Bread

Iced Ginger Shortbread and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

WEDNESDAY

Roast Gammon

or

Lentil Moussaka

or

Fresh Broccoli

Baton Carrots

Chive Crushed Potatoes

Pineapple and Coconut Sponge and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

THURSDAY

Beef Stew with Yorkshire Pudding

or

Vegetarian Casserole

or

Cauliflower

Cabbage

Creamed Potatoes

Mixed Berry and Apple Cobbler and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

FRIDAY

Salmon Fish Cake

or

Vegetable & Bean Burrito

or

Baked Beans

Herby Dice

Apple Turnover

or

Cheese & Biscuits
Fresh Fruit & Yogurts

WEEK 3

STEP 1 **Choose from...**

Meat or Fish option

or

Veggie option

or

Combo Option

Jacket Potato pasta Wrap

STEP 2 **to go with**

Vegetables / Salad

STEP 3 **then add**

STEP 4 **...and to finish**

Choose from a tasty selection of Puddings

Bread and Salad will be available at Lunch Times

MONDAY

Chicken, Potato and Chorizo Tray Bake

or

Mushroom & Quorn Crumble

or

Leeks

Dauphinoise Potatoes

Ginger and Treacle Cake and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

TUESDAY

Pork Bacon & Mushroom

or

Sweet Potato & Chick Pea Dal Curry

or

Green Beans

Steamed Rice

or

Naan Bread

Iced Toffee Shortcake and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

WEDNESDAY

Roast Beef

or

Mushroom Wellington

or

Gravy, Yorkshire Pudding

Fresh Broccoli

Roast Potatoes

Spiced Apple Cake and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

THURSDAY

Beef & Pasta Bake

or

Vegan Burrito

or

Garden Peas

Garlic Slice

Cherry and Coconut Sponge and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts

FRIDAY

Battered Fish

or

Roast Veggie Parcel

or

Baked Beans

Garden Peas

Baked Pototo Wedges

Rhubarb and Custard Cake and Custard

or

Cheese & Biscuits
Fresh Fruit & Yogurts