



September 2021

Dear Parent/Carer

GCSE PE Rock Climbing Residential December 2021

Thank you for the deposit payment for the above trip. The remaining balance of £80 is now available to pay for via ParentPay. Payment is required by Friday 22 October 2021.

We will be leaving school on Friday 3 December at 3.30pm prompt. At the end of the school day students will need to change into appropriate sportswear and meet in the hall at 3.15pm to be registered prior to getting on the coach. They will get an evening meal on arrival at the centre, therefore they won't need food for the bus. We will be aiming to arrive back at school for approximately 6.00pm on Sunday 5 December.

Below is the kit list provided by High Adventure Outdoor Education Centre:-

Large towel(s)	Waterproofs*
Indoor footwear (such as trainers)	Outdoor footwear (that will get wet/dirty)*
Reusable drinks bottle	Comfortable indoor clothes
Tracksuit bottoms or similar (NOT JEANS)	Sweatshirts
T-shirts	Socks & underwear
Gloves & hat – cold weather items*	Toiletry bag – shampoo, soap, toothpaste & brush
Pyjamas/similar	Lunch box
Small rucksack/day bag/small backpack	Bin bags/carrier bags for wet clothes
Torch	Warm jacket
Sleeping bag & pillow	Mug/flask

*If weather permits, students will have the opportunity to climb on an outdoor, natural rock face. For this they will need suitable outdoor clothing.

If you have any questions in the meantime, please do not hesitate to contact me, preferably by email at robertfretwell@heanorgatespencer.com

Yours sincerely

Mr R Fretwell
Curriculum Team Leader for PE & Performing Arts