



HEANOR GATE SPENCER ACADEMY

“Develop all learners to achieve their full potential”
 “Create a culture of aspiration”



School Canteen Main Menu – Week 1

Spring Term 2021/22

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Chow Mein Garden Peas Sweetcorn Garlic Slice	Beef Keema Curry Steamed Rice Naan Bread Roast Vegetables	Roast Pork Stuffing Creamed Potatoes Fresh Broccoli Cauliflower	Pepperoni Mince & Pasta	Battered Fish Oven Wedges Baked Beans Garden Peas
Halloumi & Red Pepper Stack Garden Peas Sweetcorn Garlic Slice	Vegetable Balti Steamed Rice Naan Bread Roast Vegetables	Vegetable Cottage Pie Fresh Broccoli Cauliflower	Quorn Bolognaise Baton Carrots Green Beans	Moroccan Mushrooms with Cous-Cous Baked Beans Garden Peas
Lemon Drizzle Cake Custard	Pineapple & Coconut Sponge Custard	Pear & Honey Sponge Custard	Cornflake Tart Custard	Berry & Lemon Muffins Custard



HEANOR GATE SPENCER ACADEMY

“Develop all learners to achieve their full potential”
 “Create a culture of aspiration”



School Canteen Main Menu – Week 2

Spring Term 2021/22

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Indian Style Patties</p> <p>Sweetcorn Steamed Rice Naan Bread</p>	<p>Chicken Traybake</p> <p>Baton Carrots Parisienne Potatoes</p>	<p>Roast Beef</p> <p>Leeks Green Cabbage Chive Crushed Potatoes</p>	<p>Sticky Honey Mustard Sausages</p> <p>Fresh Broccoli Cauliflower Creamed Potatoes</p>	<p>Battered Fish</p> <p>Oven Wedges Baked Beans Garden Peas</p>
<p>Sweet Potato & Chickpea Dahl Curry</p> <p>Sweetcorn Steamed Rice Naan Bread</p>	<p>Vegetable Chow Mein</p> <p>Baton Carrots Garlic Slice</p>	<p>Vegetarian Mince Roll</p> <p>Leeks Green Cabbage Chive Crushed Potatoes</p>	<p>Mushroom Stroganoff</p> <p>Fresh Broccoli Cauliflower Creamed Potatoes</p>	<p>Thai Style Jasmine Rice with Quorn</p> <p>Baked Beans Garden Peas</p>
<p>Ginger and Treacle Cake</p> <p>Custard</p>	<p>Iced Carrot Cake</p> <p>Custard</p>	<p>Chocolate & Banana Sponge</p> <p>Custard</p>	<p>Date & Cocoa Brownie</p> <p>Custard</p>	<p>Krispy Cake</p> <p>Custard</p>



HEANOR GATE SPENCER ACADEMY

“Develop all learners to achieve their full potential”
 “Create a culture of aspiration”



School Canteen Main Menu – Week 3

Spring Term 2021/22

Monday	Tuesday	Wednesday	Thursday	Friday
Philly Ginger Chicken Steamed Rice Garlic Slice	Minced Beef Pie Green Beans Cauliflower New Potatoes	Roast Chicken Baton Carrots Roast Parsnips Creamed Potatoes	Lasagne Fresh Broccoli Baton Carrots	Salmon Fish Cake Baked Beans Garden Peas Or Herby Dice
Broccoli, Chilli & Lemon Spaghetti Garlic Slice Green Beans	Vegetarian Casserole Green Beans Cauliflower New Potatoes	Red Lentil & Cheese Enchiladas Baton Carrots Roast Parsnips	Vegetarian Chilli & Rice Fresh Broccoli Baton Carrots	Pea & Feta Pasta Baked Beans Garden Peas
Paris Sandwich Custard	Mixed Berry & Apple Cobbler Custard	Lemon Pudding Custard	Rhubarb & Custard Cake Custard	Butterscotch Tart Custard